

The right to be peaceful on the journey of the Soul Being, acting and making peace with life

Psychosynthesis is particularly a psychology and a practice focusing on the journey of the Soul (Self), whose qualities can be a tool and a goal for transformation and healing in various fields of life. Peace is one of those qualities that, as a holding ground of life mostly expresses the coherence and continuity between “being peace”, taking action and making peace with existence. In this sense Peace can be defined "revolutionary", as the embodied Soul's right to exist, where the right to be peaceful is expressed with its radical attitude towards all forms of life. This opens to a co-creative process of peace-making, within the wider healing web of existence.

The seminar will explore the basic aspects of this process in the perspective of global psychosynthesis towards all relations.

The seminar will lead participants step by step, to create and develop the experiential setting for approaching peace in two main directions:

1. peace as a starting attitude to any experience in life (within/without)
2. peace as an emerging transformation of the experience itself of relationship: making peace with... (within/without)
3. peace as a process of peacemaking between and among parts and relations (inner peace and outer peace)
4. how the inner and outer processes of peace influence each other: co-present and/or con-sequent?

Through these different ways we will be able to see peace fully, as a tool and goal. And we will be able to see fully also the interplay and passages of being, acting, doing (in the circle of life), returning to being while continuing to hold the quality of Peace throughout the process. This is really the true expression of peacemaking with and in Life on Earth.



Massimo Rosselli PhD, Italy

Psychiatrist, clinical psychologist and psychotherapist, Massimo Rosselli was trained in psychosynthesis by Roberto Assagioli. A past Professor at Florence University Schools of Medicine and Psychology, he was also consultant in psychiatry and psychosomatics at the University Hospital in Florence. Founder and past president of SIPT (Società Italiana di Psicopsintesi Terapeutica) he is a didactic trainer and teacher of the School of Psychosynthesis Psychotherapy and the School of Counselling and trainer of the Institute of Psychosynthesis in Florence, founded by R. Assagioli. He has a private practice in psychotherapy and psychiatry in Florence and teaches and trains in psychosynthesis in various European countries. <http://www.scuolapsicosintesi.com>

Appreciation – the source of peace within and without

Appreciation is an expression of the heart. Appreciation infuses us with self-esteem, understanding and empathy for others and enables the practice of conflict resolution and non-violent communication.

Appreciation is not restricted to the individual micro level. It also applies to the meso level (systemic or organizational), and to the interrelation of nations and cultures, the macro-level. Appreciation thus inspires visions and strategies (with regards to products, services, finances, human relations) in any organizational or institutional setting.

Appreciation fosters servant leadership. Personal embodiment of this kind of appreciation requires the purification of head, heart and hand.

Thus following the path of appreciation manifests itself as a spiritual path. It fosters integration and peace within and without.

The seminar will focus on:

- Appreciation – what it can/what it should be
- Appreciation – a personal and spiritual challenge
- Appreciation on the micro-, meso-, macro level
- Appreciation as a means of communication and conflict resolution
- Appreciation leading to peace within and without



Prof. Dr. Barbara von Meibom

Germany

Prof. (emer.) of Political Science and Communication; ECP, Psychosynthesis Therapist, PS-Coach and PS-Trainer; 6 years head of the Deutsche Psychosynthese Gesellschaft

Director of **Communio**-Institute for the Art of Leadership in Berlin with trainings in Spiritual Coaching, Spiritual Self-Management and Mindful Self-Management

Author of two books on Appreciation, a book on Spiritual Self-Management and a book about the Art of Leadership

www.communio-fuehrungskunst.de

Aligning the emotional and the spiritual Self

Inner peace is a prerequisite to a peaceful perspective and experience of life. The calmness and joy that come with truthful inner peace are sure signs that we are not operating from our peaceful role or peaceful personalities that hide our judgements and negative emotions. Our emotional self is a reliable reference and a powerhouse for our spiritual development. If it is acknowledged and released, it provides us with the vitality and juice that bring blossoming, flowering and fruition into our lives. All of these are references for our spiritual alignment and they happen when our emotional and spiritual self aren't disconnected but support each other.

In this seminar we will move through the different layers of denial that block our approach to the unconscious and to the Higher Self. We will access and train the emotional body to transform deep layers of negativity and aggression in order to open up to the intense and wholesome experience of emotional and spiritual freedom. With the help of our Higher Self we will shift our awareness to the I-am-consciousness. All of this will improve our contribution to peace in thinking and feeling in regards to our relationships, our families and the world.

The process of the 5 days will lead us through the stories of our different emotions, the chakras where they show up and the healing of the restraining mind sets and world views related to them. With each inner movement we will surrender to new levels of inner peace, freedom and joy.



Torsten Konrad

Germany

is a performing artist, teacher for bodyawareness as well as a trainer and coach. In his trainings he supports people in reaching new levels of freedom and self realization in the different contexts of their lives. This involves the body, inspiration, emotion and relationships. He also teaches dance and music students at the Folkwang-University of Arts in Essen / Germany. Besides his training in Psychosynthesis (Circadian), his classes are inspired by his background as a teacher of the Alexander-Technique and Psychology-of-Vision-Trainer.

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Psychosynthesis of a Nation: Assagioli's Mission on behalf of the Jewish People and its Development in Jerusalem Today

From ancient times to this current day, the relation between Jews and non-Jews remains of central concern in regard to world peace.

Assagioli dedicated 17 years of daily work on behalf of the Jewish people, as the Roberto Assagioli Archive reveals. An overview of this amazing and little known work will be offered, including the rough outline of the process of Psychosynthesis of a Nation. Assagioli envisioned the work with national patterns, as a group, to be a key element in creating Right Human Relations on our planet. The Hechal Centre for Universal Spirituality in Jerusalem has worked experientially for 15 years with the Jewish archetype along these lines.

The seminar offers the opportunity to experience this process, according to Assagioli's suggestions and Hechal's experience:

- The building of a safe group field
- Personal work around the Jewish issue
- Group preparation for engaging in National Psychosynthesis
- Transpersonal group process of Psychosynthesis of the Jewish people

Towards the end of the seminar we will attempt to bring into a synthesis the insights from Assagioli, Hechal and our seminar process, and garner new seeds of understanding about the Jewish Riddle.

The seminar includes the elements of presentation, self-inquiry, experiential and meditative group process, and group conversation.



The Hechal Centre for Universal Spirituality in Jerusalem

Uta Gabbay, Helene Kerem,
Efrat Tennenbaum, Leehee Holley

The Hechal Centre for Universal Spirituality in Jerusalem works for over 15 years towards right human relations in the Jerusalem area, through meditation, Psychosynthesis group work, teaching and workshops.

www.hechal.org

Peacemaking starts on our Genomes - How History forms our bodies, lives and nations.

Neurosciences have given proof that not only the heritage of our direct ancestors is stored in us. Each one of us carries the history of millennia as well.

If we think our psyche as a computer with old damaged programs and lots of old rubbish on the hard disc, you can imagine what happens. It takes a lot of energy, it becomes slower or even stops.

Living and working out of that pool, we are doomed to compulsory repetition.

So “free will” is nearer to a fairy tale.

Even war is often seen as imprisonment in our habits and belief-systems. Humanity does not seem to learn from history.

How can we heal and consciously step out of this rat-race?

To clear this complex system we have to recognize old patterns and legacies and get rid of the unfinished business of the soul. “Rewriting our screenplay” will open new perspectives for peace-making. Trauma-therapy and practicing “by-pass-therapy” will free us from collective bondages.

Starting making peace with the archetypes that rule our lives, we have the chance to go home as real peacemakers.

These four mornings will be experiential as well as skill-building and theoretical.



Dr. Kristina Brode

Germany

Kristina Brode, PhD studied psychology, history and education. For 18 years she was head of Circadian Institute for Applied Psychosynthesis near Cologne. From 1984 on she developed and gave scientific proof to “The Systemic Cancer Care” (SYSPEP®), a psycho-educational coping program, working since with over 3000 patients.

Aim: Making Peace with your Body.

For over 20 years her special interest is to work with the healing power of archetypes, especially in Pre-Celtic mythology. She ran groups in Ireland, Scotland, Iceland, Egypt and Malta, founding Archetypal Psychosynthesis.

Aim: Making Peace in the Collective Unconscious

www.circadian.de